



Marysville Medical Practice

## Marysville Medical Practice

Brook Street  
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### THE CLINICAL TEAM

#### **GPs;**

Dr Visick –Principal GP/  
Director Darwin Health.  
Dr Goodwin  
Dr “Marta” Jackowiak  
Dr Hine

#### **Nurses**

Liz Starkie– ANP  
Gill Richards (until April  
6th)  
Diane Foster  
New Practice Nurse(s)

#### **Health Care Assistants**

Gail Cheadle  
Anna Webb



## Say Goodbye to Sister Gill Richards – Happy Retirement

It's not been an easy decision to make, however after 16 years at Marysville Medical Practice and over 40 years in the nursing profession, I have decided to retire.

My role as a Practice Nurse has been enjoyable and it has been great to be part of such a dedicated and professional team. I would like to thank Dr Richard Evans, Dr Alex Cameron and of course Dr Julia Visick for their support enabling me to develop my role within the nursing team at Marysville. I am especially proud to have played a part in nurturing the current nursing team over the past 12 months.

Importantly I would like to thank the patients for allowing me to be part of your lives too. I have shared good times and some sad times with you, made babies and even grown men cry (not intentionally of course!) I have also watched young children grow into young adults and the majority of our patients, including myself, grow older too.

No doubt I will continue to see some of you around, whether it is at the gym or at Sainsbury, do say “Hi “when you can.

With love and fond memories.

Sister Gill x



### EXTENDED OPENING TIMES AT MARYSVILLE

As part of Darwin Health all the local practices are providing extended hours of GP and nurse appointments on weekends and weekday evenings. Many of these sessions are at Marden Medical Practice but the GP/ Nurse you see will have your medical records in front of them, and we can see their consultation notes afterwards.

**In order to ensure Marysville patients also can see a GP or nurse from their own practice we have arranged to provide some of these appointments at Marysville.**

#### **ALTERNATE MONDAYS 6.30pm – 8.00pm**

(One GP and a combination of two nurses or one nurse and another GP)

We can also offer at weekends/ evenings:

**CERVICAL SCREENING– Don't put this off any longer they are SO IMPORTANT- book in to get yours done!**

These are now provided on weekends in extended hours and if you book at Marysville we can also do this on the Monday evening.

**NHS Health Checks—** Also available in extended hours! For those 40-74 years of age. It's designed to spot early signs/risks of stroke, kidney disease, heart disease, type 2 diabetes or dementia. Again book in to get yours done!

#### **New Nurse(s)))- coming soon!**

We are in the process of appointing hopefully 2 nurses (part time) to replace Gill Richards in April and also the short fall we have from one of our other nurses leaving the Practice.

The nursing team are under intense pressures despite us trying to get some locum nurses in to help so please be patient and also do use **EXTENDED HOURS** nursing appointments please!



#### **Patient Participation Group (PPG)**

Are you interested in joining our PPG whether it's virtually or actually coming to the meetings? Ask at reception for more details!

## Policies and Protocols!

A huge amount of change has occurred in the last year and we have had to almost completely rebuild the practice from an organisation point of view.

We have been working to ensure we have all necessary processes written down, and in doing this have changed most of them for the better! Dr Visick will not mind having her weekends back when this work is done!

We have over 200 policies and some will be especially useful for patients and so we have made them available on our website

[www.marysville.co.uk](http://www.marysville.co.uk)



- **Prescribing Policy**- Describes how patients should use the repeat prescribing system and how prescription requests are processed. Covers what we do with uncollected prescriptions, how we ensure the safe management of controlled drug prescriptions, how we prescribe for new patients, and generate prescriptions from outpatient/hospital requests.
- **DNA- Did Not Attend Policy**- details how DNAs are prevented, monitored and action taken to follow up
- **Policy Regarding Patients with Special Requirements/ Needs**– about patients who need a personalised, individualised approach to access good medical care. Includes Learning disability/difficulties, Physical disability, Dementia and memory problems, Mental Health Problems/homeless patients/alcohol problems, Patients having chemotherapy/Immunosuppressed, Palliative care patients, Non English Speaking patients/Refugees
- **Homeless Patient Policy**- how we offer personalised care and access to medical care at Marysville. Responsive to the challenges this patient group faces from the contact with reception to the consultations with medical staff
- **On Line Proxy access Policy**—for children and other dependants as appropriate, and for ensuring we have correct telephone numbers in young people



## New Role at Marysville – Clinical Pharmacist: Helping reduce GP Workload

For those of you who have been phoned by Dr Visick at 8.30 pm or see that your prescription was issued at 10.30pm – you will realise that the GPs at Marysville are struggling to cope with the workload. This is not unique to Marysville, and is one of the reasons GPs are leaving/retiring as soon as they can. We hope this will improve...we'll hang on in there... But as part of the national NHS plans we need to employ other health professionals to improve the skill mix we have and also free up the GPs time. This will eventually include physios, pharmacists, mental health workers etc.

Together with the other Shrewsbury Practices (Darwin Health) we have employed a group of Clinical Pharmacists. We are already finding an advantage to the Practice:

- Carry out annual hypertension (blood pressure) reviews- well placed to do this and can of course alter medications and prescribe new ones if needed
- Answer and sort several medication queries that would have taken lots of a GPs time
- See patients with minor ailments (on the day appointments) but will have access to a GP if needed
- Take calls from patients who have queries about the medication itself, problems with it or want to discuss around the prescribing process.

They also have the awful job of helping us tackle the prescribing target set for us by NHS England and the CCG – which involves stopping some prescribing of items that are deemed “self care”. This includes items such as anti-histamines (allergy tablets) for hayfever, shampoos, eye drops for dry eyes unless essential and so on. It's a complex area and all of us find it very difficult to apply the rules set as it does seem to go against our principles of caring!

## ON-LINE with EMIS ACCESS

- ◆ **Change your contact numbers/address**
  - ◆ **View test results**
  - ◆ **View Letters/ documents**
- As well as ordering prescriptions on line!**

**“Its so easy and saves me having to phone for prescriptions or results”**

## **Prescription Ordering Direct (POD)**

In the last 2 months alone the POD have saved the NHS nearly £5000 just on Marysville patients. For Shropshire they have saved **over £130,000!** The POD help reduce prescription waste, overspending on branded drugs rather than generic alternatives and make sure patients have timely access to appropriate medicines.