

## **Marysville Medical Practice**

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**JULY 2020** 

## **CHANGES DUE TO CORONAVIRUS / COVID-19**

Welcome to July's newsletter! We have remained open since the start of the Pandemic but things will look a little different next time you visit the surgery!

If you think you may have Coronavirus symptoms you should still use the on-line 111 service or call 111 initially.

If you have an <u>urgent need</u> for non-Coronavirus matters contact us but please use E-CONSULT where possible in the first instance.



The waiting room at Marysville does look a little different now—we have tried hard to make it as safe as possible. There is now a Perspex screen over the reception desk to protect the staff—but rest assured they can hear you through it!

We have put stickers on the floor to encourage the accepted 2m distance where possible.

When you attend the surgery you will need to wear a mask, so please arrive wearing one.

At present, and whilst the weather is good, we will be asking you to wait in the carpark before

your appointment and you will be called/texted asking you to come in. We will revisit this as we head into the winter months and perhaps use the waiting room a little more.

All of our plans that we are putting in place are to keep you and the staff at Marysville as safe as possible.



If you are seeing a GP in one of the doctor consulting rooms it is likely that you will be asked to leave through the fire door at the other end of the building follow the footsteps! The



path has been cleared and there is now safe access to the car park through that door. This is to prevent any "crossing over" in the corridor and again to minimise risk and exposure to all patients and staff.

We are the same friendly team, but you may only see our eyes through all of the PPE!

Currently all routine appointments are via telephone. If we need to see you we will book you in for a face to face appointment. The

appointment process is longer now as we have to change our PPE and clean the room after each patient. When we are ready to see you, you will be collected from the car park—we are no longer having all patients waiting in the waiting room.

## How to wear a medical mask

As you will have seen it is now a requirement for everyone (children and certain medical conditions excluded) to wear a mask in shops. It is really important that you put on and wear your mask properly and effectively. This video is really useful and teaches you how to do that-

https://youtu.be/adB8RW4I3o44

- 1. Wash your hands/use hand gel
- 2. Put mask on as shown in the diagrams
- 3. Try not to touch your mask with your hands whilst wearing it
- 4. When removing your mask wash your hands first—as they are likely to be the least clean part of you!



before and after touching your mask

under your chin or pull it around while wearing

your mask once it's fitted





- (1) Place any straps around your ears, or tie behind your head's crown and the nape of the neck to secure mask to face.
- (2) Cover your entire nose and mouth. Carefully pull and stretch the mask to adjust it around these areas.
- (3) Be sure to tuck the mask beneath your chin if possible, as this prevents shifting.

Medical masks and cloth face masks can help prevent the spread of Covid-19 but are ONLY effective when used alongside other infection safety measures...





handwashing



Avoiding touching the face



Respiratory hygiene



Cleaning surfaces

We have resumed routine work where possible, but some health reviews might be done via telephone calls or video links, and for some conditions we will provide a "one stop clinic".

All of these measures are being taken to keep you as safe as possible, and to avoid bringing you into the surgery if we don't have to.

Please work with us during this challenging time—things are different and strange but we will all get used to the changes and need to work together to keep everyone safe.

We are still here to help you and will do what we can! Thank you.