



Marysville Medical Practice
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Welcome to December's newsletter! Christmas holidays are nearly here and we hope that you are all gearing up to enjoy the festive period warmly and safely, and that you'll get chance to spend quality time with your loved ones.



Opening Times over Christmas and New Year—The practice will be closed on the following days:

- **Monday 26th December 22**
- **Tuesday 27th December 22**
- **Monday 2nd January 23**

Normal opening hours will be in place for all other days. On bank holidays if you need medical care/advice please call 999 in an emergency or 111 in a non emergency. Certain pharmacists will be open over the Christmas holidays and will be confirmed nearer the time via our website/facebook page.

Farewell from Dr Julia Visick

"I am sorry to say that I have made the very difficult decision to leave the Marysville Partnership. In the last 18 months Dr Hine and I have continued to endure highly pressurised working whilst we were unable to recruit. And of course, you are all aware of the dramatic changes we have had to make to the ways we work due to Covid. The last few years have added to the strain of being held responsible for meeting ever increasing targets without the means to do so.

The delivery of health services is changing rapidly. Most of us are unaware of the "innovations" planned but it will all be occurring in a world of austerity. The relationship each patient has with their GP and practice will continue to change.

All of the above has impacted on my health and continuing is not an option. Therefore, I will be leaving the practice in Feb/March 2023. I will really miss being part of the team at Marysville and seeing my patients (many of you who I have known for 17 years!). Although I will be working less, I am keen to still be involved in General Practice and will continue to provide women's health clinics, do locum sessions and teaching within the Shrewsbury Primary Care Network.

I am pleased that Marysville will continue to develop under the leadership of Dr Hine and Izzy Culliss. We are fortunate to have Dr Fair, who is a very experienced GP, join the team and have another GP hopefully joining soon."



Team Changes

We are delighted to say that Dr Richard Fair joined us as a Salaried GP in November 22 on a permanent contract working Wednesdays and Thursdays each week. Dr Fair has been working at Marysville for some time as a Locum GP so many of you will already have had the chance to see him. He is a very experienced GP, having previously been a GP Partner in a Telford practice, and also working on the Locum circuit for a number of years. The team are all very pleased he is now with us on a regular basis!

In addition we are in discussions with another GP about joining the team so hope to confirm this in the near future.



We also now have four very experienced Paramedics working with our practice, and across the Shrewsbury Primary Care Network East Cluster practices, delivering home visits; John, Colin, Katherine and Karen.

We are sad to say that Sister Grace Garner is leaving us in the new year, to take up a position at the local children's hospice. We wish her all the best in her move and are sad to see her go.

Sister Sarah Bailey will be returning to Marysville, which is brilliant news, and will join the rest of the nursing team providing nurse appointments and specialist Asthma clinics.

GP Workload

GP practices in England delivered a record 36 million appointment in October. Demand is higher currently than ever before. It is really important that when accessing care and treatment you are directed to the right place first time so please do give our receptionists as much detail as you can when trying to access appointments. It may be that you can be seen and treated quicker by seeing one of our wider clinical team rather than waiting for a GP appointment, or you may be able access to treatment at a nearby pharmacist.

We will always do our very best to help you and give good advice. We really appreciate your patience and please be kind to our staff—they are only trying to help.



Hospital Workload

One reason for the current higher demand for appointments is because we are having several consultations about conditions that usually the hospital would be dealing with. Because of their very long waiting lists we are having to request more scans, blood tests, and also seek advice from the hospital to avoid harm coming to patients whilst waiting. This takes up huge amounts of GP time and is very stressful as often it is not within a GPs expertise usually.

If a consultant/ hospital specialist has requested a blood test or scan for you THEY are responsible for dealing with the result and communicating this to you. Therefore please contact your specialist for this directly. We often do not have the results so won't be able to offer advice.

Vaccinations

It is more important than ever to make sure you and your children are up to date with your vaccinations. At this time of year particularly with your Flu vaccine. Flu is unpredictable. Flu vaccination provides the best protection. There are different strains of Flu virus. The strains that are most likely to cause illness are identified in advance of the Flu season. Vaccines are then made to match them as closely as possible. Even if the vaccine doesn't perfectly match a strain it usually provides some protection against it.

The vaccines are given in the autumn ideally before Flu starts circulating, however it is not too late to have a Flu vaccine so please if you haven't already do ring the practice and get yourself booked in.

GP Practices have to place an order for their Flu stock one year in advance—this year we have seen a lot of patients access their Flu jab elsewhere and this is causing a number of GP practices to be left with unused stock which is a

huge waste, and financial strain on the practice. Please support your practice by always having your vaccination here!



Shrewsbury Health and Wellbeing Hub

We are still involved with discussions and plans for the proposed Shrewsbury Health and Wellbeing Hub but at this current time do not have anything further to report. As soon as we have any further news we will update the Hub section on our website, so do keep any eye on that. You can find updates here—<https://www.marysville.co.uk/shrewsbury-health-and-wellbeing-hub/>

Food Banks/Hygiene Banks

During this time of austerity and particularly in the winter more and more people are struggling to afford food and hygiene products, often having to choose between food and heating, or parents going without food to ensure they can feed their children. At the practice we are collecting long life food products, and hygiene products, which we are delivering to the local food and hygiene banks. If you would like to donate anything please leave it with a receptionist.



**WISHING YOU A VERY MERRY CHRISTMAS AND A
HAPPY NEW YEAR! FROM ALL OF US AT
MARYSVILLE MEDICAL PRACTICE!**

